

Foli Park  
Disc Golf Course  
Proposal

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## Intro/Overview

Hello,

My name is Joe Secor. I have grown up in Plano my entire life, and I am the current Physical Education Teacher at Plano Middle School. That being said, I take my classes down to Foli Park quite frequently for their physical activity. I was down there recently with my class and I soon realized how great of a space we have for a 9-Hole Disc Golf Course.

Disc Golf is a growing sport that is fun, affordable, easy to maintain, keeps you in shape, and is easily available to the public. Disc Golf is a great addition to any park that will certainly spike the interest of the public. This course will also be a way for people to enjoy nature at Foli Park. Being born in Plano, I want people to see the beauty of our city. I have done my research and I truly believe that putting in a Disc Golf Course in Foli Park will help the City of Plano.

## Public Interest

“There’s no denying it, the growth of disc golf has made America take notice. More and more people pick up discs and head to a local course every year. And that means disc golf has become serious business for retailers and a must-have activity for public parks” (usdgc.com). There is no doubt that Disc Golf is a rapidly growing sport that would benefit any public park. The variety of players is what makes the Disc Golf community so special. You don’t have to be a professional to play! The majority of players are casual to first time participants. Disc Golf is a great sport to be a beginner at. All you have to do is walk on to the course, and begin to play! There are no tee times, calling ahead, or payment necessary. Just play! This is also what makes it a great family sport. Disc Golf is great if parents and the kids want to all go out and have some good quality time with one another, or if some friends want to stop by and play a round after school! Disc Golf is a great way to bring people to Foli Park, and have them appreciate the other things it has to offer. It can also attract players from other towns, which can help local businesses.

When a Disc Golf Course is put into a park, there is usually a convenience store nearby that will profit from selling Discs. For instance, the BP gas station just down the street will be getting a lot more foot traffic when they start selling Disc Golf Discs. This can also mean that BP can also profit from selling their other products such as gas, doughnuts, and snack items when players enter their store. Also, local restaurants and bars will receive more business from players visiting from other towns wanting some food or refreshments after they finish playing a round.

Website Quoted: <https://usdgc.com/posts/disc-golf-exploding-in-popularity/>

## Demographics

A Disc Golf Course needs at least 11 acres to be built. Foli Park is 28.7 acres (according to your website). There is no doubt that Foli Park is big enough to build a Disc Golf Course, but what makes it ideal is the scenery. Disc Golf players look for parks with a view. I have played at courses that are either right next to a busy road or it feels like I'm playing right in someone's backyard. When playing at Foli Park, you'll get the natural scenery of various plants, trees, and a beautiful lake. The best part of building a Disc Golf Course at Foli is that you don't need to sacrifice any of its natural elements. What makes Disc Golf such a great sport is that you play with the elements. Players want a challenge of throwing around a tree, or having to throw behind a bush. That is what makes the game interesting.

## Maintenance

Maintenance for a Disc Golf Course is a fairly easy task. It almost takes care of itself. The majority of the maintenance work is just general park maintenance which the City of Plano already does. Other maintenance includes just providing gravel for the tee pads every 1-2 years (or concrete tee pads can be used), updating signage when necessary, fresh wood chips around the basket every year (personal preference), and removing the baskets during the winter months (also personal preference).

A concern some people might have is keeping the park clean of garbage from all the foot traffic that comes with a Disc Golf Course. I have never seen a Disc Golf Course with any litter on it. Disc Golf players are respectful individuals that appreciate keeping the park clean just as much as the city workers who maintain the park.

## Finances

Now we have come to the finances. People may have concerns about the cost of building a Disc Golf Course. But it doesn't have to be expensive! Many of the websites that I have researched state that you can build a Disc Golf Course for as little as \$3,000-\$5,000. And with little to no cost for year round maintenance means that a Disc Golf Course is even more ideal for Foli Park.

Things to consider in the cost include:

- Baskets are the biggest cost, but usually can go for around \$325 per hole.
- Tee Pads can be gravel, which might have to be replaced every 1-2 years, or it can be a concrete pad, which does not have to be replaced. Tee pads are about 5 feet wide, and 10 feet long.
- The signage for each tee is usually made out of wood and will include the direction of the basket, the hole number, the par for the hole, and the distance to the basket. There will also be a sign at the entrance of Foli Park that will provide the general layout of the course.
- Many of these expenses can be covered by park donations such as the tee signs. For instance if you would like to look for someone to sponsor a hole they can help you by paying for the sign of the hole, but can also get some advertisement for their business by being on the sign. Boy Scout Troops have also been known for helping with the build of Disc Golf Courses.

Websites I used to research:

<https://infinitediscs.com/blog/course-baskets/>

<https://sportadvisory.com/adding-disc-golf-sports-complex/>

<https://www.innovadiscs.com/innova-targets/discatcher-pro-28/>

## Closure

In conclusion, I believe that Foli Park would be an ideal place to build a Disc Golf Course at. This will allow people to enjoy Foli Park even more, it will be very cost effective, and the community will benefit from it. I hope that you will consider this proposal for the future. This is an amazing opportunity that will definitely make a great city even greater.



## Websites

Below I have put websites that can explain more about Disc Golf, the rules, and other things associated with the sport:

<https://discgolf.com/disc-golf-education-development/disc-golf-rules-for-recreational-play/>

<https://www.pdga.com/introduction>

<https://discgolf.com/>

<https://www.discgolfpark.com/>

<https://www.innovadiscs.com/>

<https://www.discraft.com/>

<https://www.latitude64.se/>